

We obligate ourselves to bring the first fruits of our ground and the fruit of every tree, year by year, to the house of the Lord." Nehemiah 10:36

If you haven't noticed, we've been spending time in our classrooms and church community delving into the Fruits of the Spirit and how the Saints lived these fruits through their lives.

As I approach this Lenten Season and reflect on my own spirituality and how I live out my faith, I'm reminded that God intends for me to give him my first fruits. As we enter the season of Lent, we're called to take a deep breath and refocus our priorities. Simplify your life and schedule. Prioritize what's most important. Live intentionally. You deserve this pause, and your children deserve to see their parents make FAITH a priority in your family.

It's easy to get distracted from our intentions when our days are filled with urgency. We often neglect what is important. I've been in the season of life when as soon as I woke up, the current of the day carried me away. When I finally got through it and planted my feet, there was no time or I was too spent to spend some time with Jesus.

It's time to anchor our hearts and days in Jesus by putting prayer with Him first. Much like we're instructed to put on our oxygen masks first during an emergency in flight, it's important to take this moment to connect with Jesus first. Steady yourself in the stability of His faithfulness and might. The river may rush and surge around you, but you will be secure in His arms. with Jesus first. Steady yourself in the stability of His faithfulness and might. The river may rush and surge around you, but you will be secure in His arms.

As He embraces you, the sound of His voice, both strong and gentle, will highlight where to go and what's important. Bring him into your work and plans. Allow His Words in your ears to be the direction and hope that you seek.

Here are a few ideas to consider as you prayerfully discern your Lenten journey: Pray Mass as a family every Sunday! Pray Stations of the Cross as a family on Friday! Give up dessert as a family! Fill a jar with LOVE shared as a family during Lent! Attend Reconciliation as a family! No screen time on Sundays as a family!

To make myself vulnerable and for you to trust that I practice what I share, here are my Lenten goals:

Be Better!

- +Exercise+Eat Right+Meditate+
- Spend 5-10 minutes every work morning in the Blessed Sacrament Chapel.
- Give Him your first fruits!

Every week:

- Call my mom and dad, call my boys, call my sister
- Rotate checking in with friends weekly and send cards for birthdays
- Send thank you and 'checking in' notes
- Host a Small Faith Sharing Group during Lent
- Pray the rosary weekly with my husband

Work:

- Send thank you notes to team members' spouses and thank them for supporting their spouse in the ministerial vocation
- Plan a 'Thank You' event for the Formation Team volunteers throughout the year

What will I let go of?

- Social media that wastes my time/energy
- Food that doesn't fuel my body

What does this look like for your family? I'd love to know! What are the big rocks that you allow to stay during Lent? And what do you let go of? Please send me an email and let me know! callison@htparish.org

Faithfully,
Chris Allison
Director of Faith Formation

IMPORTANT DATES

February 13 - Flik Tastings - 10:45 AM to 1:00 PM

February 13 - 1:00 PM Dismissal

February 13 - PTS Conferences - 2:00 PM to 6:00 PM

February 14 - Ash Wednesday

February 14 - All School Mass - 8:15 AM

February 16 - 19 - No School - Mid-Winter Break

February 16 - Stations of the Cross - 5:00 PM

February 21 - Jr. High Youth Group (6th-8th Grade) Youth Center - 7:00 PM to 8:00 PM

February 22 - PTA Coffee Talk (MPB) - 8:00 AM to 9:00 AM

February 22 - 5th & 6th Grade Lenten Reconciliation - 1:00 PM

February 23 - Stations of the Cross - 5:00 PM

February 23 - Lenten Fish Fry - 5:30 PM to 8:30 PM

February 26 - Operation Parent (MPB) 7:00 PM -8:00 PM

CALENDAR

CATHOLIC IDENTITY

Weekend Mass Schedule:

Saturday: 5:00 pm Sunday: 8:30 am 11:00 am 6:30 pm

Confession:

Every Saturday: 3:30-4:30 pm

Parish Bulletin

Vision Statement of Holy Trinity Catholic School

To be a school of excellence that encompasses the whole child by modeling Jesus through our Catholic teachings, commitment to academics, service to the community, and devotion as life-long servants of God.

Mid-Winter Break

There will be no school on Friday, February 16th and Monday, February 19th. We hope everyone enjoys the long weekend.

Formation Focus - February

Fruit of the Holy Spirit Chastity:

This is the virtue in which we exhibit proper sexual expression based on our state in life. For a single person, a member of a religious order, or a priest, it involves total abstinence. For a married person, it involves total fidelity to one's spouse in both thought and action.

St. Agatha

Feast Day: February 5

Patron Saint: Sicily, bellfounders, breast cancer, against fire, and rape victims





CSW Service Learning Project Update

We want to thank all who participated by donating items, those who gave their time to assist in the mornings, and parents who delivered to our community partners this week. Although we did not reach our family participation goal, we are very proud of our efforts to support local organizations that do so much for the Louisville community. We are excited to announce that as a whole school, we collected over 2,100 items!

We met our goal of donated items so we will have a Free Dress Day on Thursday, February 15th to celebrate as a school! Great work, Eagles!

Students are NOT required to wear uniform or resource day bottoms for this special free dress day; however, bottoms should be appropriate (no holes or rips, and shorts must be no fewer than 6" above the floor when kneeling).

- Shirts must have sleeves (no crop tops, tank tops, or spaghetti straps).
- Shoes must have closed toes and closed heels (no Crocs, slides, flip flops, clogs, mules, cleats, boots, skate shoes, etc.).
- Clothing may not be too revealing or contain inappropriate messages; it should be neat, clean, and appropriate for school.



Lost & Found Overflowing!

Our Lost & Found is overflowing! There are many winter coats, fleeces, sweatshirts, tons of water bottles, uniform items as well as many other miscellaneous items. If your child is missing something, please take a few moments (maybe during carpool) to stop at the school office, sign in, and go to the lost and found and look for lost items.

Everybody Counts Week!

We are celebrating Everybody Counts Week March 4th-8th. Everybody Counts Week is an interactive and educational awareness program that is designed to allow our students to experience both the feelings and challenges of the diverse groups of people within our community. Every year we host this week with two goals in mind: to educate our students about diversity and foster empathy and world change within our students. We spend the entire week in reflection about the importance of treating anyone and everyone with respect, because, as Christians, we believe EVERYBODY counts.

Each morning, our students watch a video and say a prayer on the subject. We also bring in speakers from the community to talk to our students. Our students are then encouraged to take what they have learned throughout the week into the world to make it a kinder, more accessible, and more just place.

This year, in honor of the 2024 Paralympics, we are learning about adaptive sports. We are very fortunate to have a new adaptive sports league in Louisville through JCPS that allows all kids (even those not attending JCPS schools) to participate in adaptive sports such as wheelchair basketball and seated track and field. The team is called Louisville Lightning, and they provide all equipment, including sports wheelchairs, to each child.

Please consider making a donation to the Louisville Lightning team today by clicking on the link below!

https://www.myschoolbucks.com/ver2/stores/catalog/getproduct.action?productKey=ZZ60PA1RWT308HR&clientKey=ZZHVZSO5PZ05PEM

Thank you for supporting our local Louisville Lightning players!

Kylee Hoelscher Everybody Counts Week Chair

PTA NEWS!

Coffee Talks!

Please join us **Thursday, February 22 at 8:00 AM** in the Multi-Purpose Building at the St. Matthews Campus for our first coffee talk with our guest speakers, Mrs. Kary Scinta, our St. Matthews school counselor, and Mrs. Amy Cundiff, our Clifton Campus Counselor. If you have any questions, email PTA President Lindsay Harden at lindsayharden7@gmail.com

VIP THANK YOU!

We are so excited to announce that we raised \$324,221 net dollars from VIP Night 2024. What a concrete expression of LOVE for our school and its community. To our incredible team of volunteers, you are the ones who turned VIP 2024 into a reality. I cannot thank you enough, and this would not have happened without every one of you. If you are interested in joining the VIP fun for 2025 - please reach out to Molly Willer! Thank you again, and remember, All You Need Is Love!

xo, Lauren Johnson



Father Daughter Dance

Who wants to help with the Father/Daughter Dance planning? Please come to a meeting on March 14th at 6:30 at the home of Heather Capstick, 6001 Wagram Way. Let Heather know who can make it. Email hsexton1025@gmail.com!



SOCCER

Soccer sign-ups are open for grades K through 8 on the Game Day site. The soccer season will begin in early March and run through the end of the school year. For information contact Lee Weyland (<u>Tlweyland@gmail.com</u>) or Scott Cress (<u>spcress@gmail.com</u>)

TRACK AND FIELD

The track and field season is here. The sign ups are open and the season will begin in early March. We will run in several meets leading up to the CSAA Track Meet in late April. For information contact Heidi Johnston (<u>Hllusk2000@yahoo.com</u>) or Natalie Butcher (<u>natalieclairebutcher@gmail.com</u>)

SOFTBALL

The CSAA is looking to host a softball league this spring. According to the CSAA, they will look to create regional school models much like the football models to form teams per grade level (3rd & 4th, 5th & 6th, 7th & 8th) to ensure league viability. At that time we will look to define host schools, coaches, etc.

Practices can start 3/1. League games start on 4/14. Tournaments to conclude 5/26. Once the school mergers are put together you will be charged a sports fee to play.

If you are interested in softball please sign up (no fee at this time) on the Game Day site.

Catechesis of the Good Shepherd

On Mondays from 3:00 PM to 4:30 PM we have started offering another session of CGS that will run to the end of the school year. There is still some space! Parents can sign up children in Grades PreK, K and 1st Grade by emailing me at lgenuis@htparish.org.

There is no fee for these after school sessions if you are a Holy Trinity school parent or parishioner. The children in this session beginning at 3:00 p.m. will come directly from the school to the atrium and then be picked up by the parents at 4:30 p.m. at the atrium doors.

Faith Sharing Groups

Holy Trinity parishioners have opened their homes and are hosting small group faith sharing during Lent. You can use the following ways to find a small group that works best for your schedule. Sign up here: https://holytrinitycatholicchu25.flocknote.com/signup/153496 or contact Jacqui Rapp in the parish office and she can assist you with registering! What a beautiful gift of community we can share as we journey through the season of Lent together.

Vacation Bible School



Holy Trinity will host our summer VBS, Cathletics: Training to Be Champions for Christ June 10-14, 2024.

Registration will open first to families who will be able to volunteer. Once we have enough volunteers in place and know the number of children we can accommodate, we'll open registration to the larger community. Volunteer to help here: https://ow.ly/Tbr050QuY13

Lenten Rice Bowls

Dear Families,

Rice Bowls are going home today in green folders. During Lent, our community will participate in CRS Rice Bowl, a faith-in-action program that invites us to reflect on the challenges of global hunger—and our responsibility to respond to the needs of our global human family. We will be reminded through the Gospel story of Jesus feeding the 5,000 that if we commit to sharing what we have with those in need, trusting in God's abundance, there is more than enough to feed everyone. Through our Lenten prayers, fasting, and almsgiving, we can respond to the call to ensure that all our brothers and sisters are fed good, nutritious food that gives them what they need to fulfill their God-given potential.

During this holy season, it is important to come together as a family and reflect on the cross of hunger and lack of proper nutrition that so many of our brothers and sisters both near and far are forced to carry. In so doing, we pledge to stand alongside these members of our human family, supporting them as the Gospel calls us to do.

Please consider these suggestions in your family's Lenten plan:

- Use your CRS Rice Bowl and Lenten Calendar daily to guide your prayer, fasting, and almsgiving.
- Read the Stories of Hope and daily reflections to inspire your Lenten journey—and guide your Lenten almsgiving.
- Prepare simple, meatless meals on the Fridays of Lent to eat in solidarity with our brothers and sisters around the world.
- Visit <u>crsricebowl.org</u> to watch videos of the people and communities you support through your Lenten gifts to CRS Rice Bowl.

We will collect your CRS Rice Bowls during Holy Week at our all-school liturgy on Wednesday, March 27. Please count what you have collected and write a check to Catholic Relief Services OR Holy Trinity, with Rice Bowl in the subject line. Place your check in your family's rice bowl for your child to donate at Mass.

Thank you for participating in CRS Rice Bowl with your family!

Feedback for the Synod

The "Interim Stage" for the Synod on Synodality is the period between the Synod of Bishops' meetings in October 2023 and October 2024. All are invited to participate in the consultation that will contribute to preparation for the October 2024 Assembly in Rome. The United States Conference of Catholic Bishops has recommended that dioceses conduct two to three listening sessions during Lent.

The Archdiocese of Louisville will hold three listening sessions during February and March:

- Tuesday, February 27, 7-8:45 p.m. Pastoral Center (Room 1) 3940 Poplar Level Road, Louisville
- Thursday, March 7, 6:30-8:15 p.m. Basilica of St. Joseph (Parish Hall) 310 W. Stephen Foster Avenue, Bardstown
- Wednesday, March 13, 7-8:45 p.m. St. Margaret Mary (Door #5, Hospitality Room) 7813 Shelbyville Road, Louisville

All are welcome! To prepare for this consultation, participants should prayerfully reflect on the guiding questions below:

- 1) Where have I experienced or witnessed ways in which Church structures, leadership, or life encourage and foster our shared mission?
- 2) Where have I experienced or witnessed ways in which Church structures, leadership, or life hinder our shared mission?
- 3) How can the Church's structures and organization help us to proclaim the gospel and live as a community of love and mercy in Christ?

For questions, contact Richard "Tink" Guthrie, Archdiocesan Synod Coordinator, at tguthrie@archlou.org or 502-585-3291.

