

Penance Can Be Joyful! A Lenten Season penance can be experienced as a real "downer." Drudgery, frowns and heavy sighs can all accompany the decision to "give up" a favorite treat. Watch the faces of people who say, "I have given up chocolate for Lent (moan)" or "I have given up drinking (state the beverage of choice) for Lent."

By all means, if a Lenten penance means abstaining from a particular vice or a favorite food group, do it! But I wonder whether taking up a new practice, designed to deepen the connection with our God, might be equally, if not more, valuable.

What if sweet food or sour beverage abstainers took up the following as a penance.

- Reading the Gospel of the Day selected by the Church for daily Mass
- Going to an extra Mass each week (We hold both morning and evening Masses depending upon the day of the week)
- Committing to a gift of time, talent, or treasure serving a new worthy cause during Lent
- Spending an extra 10 minutes in prayer each day
- Organizing a family meal during which cell phone use is strictly prohibited ("Place your phone in the basket before digging in for a bite!")

The possibilities are endless. Lent is a penitential season, but rather than gloom, perhaps we can open our hearts to the amazing power of God's love.

Encounter His joy, mercy, forgiveness, and love during this Lenten season! Perhaps even eat some chocolate while reflecting upon a Gospel reading!

Peace, Father Steven

IMPORTANT DATES

February 7 - All School Mass - 8:15 AM

February 12 - 1:00 PM Dismissal

February 12 - PTS Conferences - 2:00 PM to 6:00 PM

February 13 - Flik Tastings - 10:45 AM to 1:00 PM

February 13 - 1:00 PM Dismissal

February 13 - PTS Conferences - 2:00 PM to 6:00 PM

February 14 - Ash Wednesday

February 14 - All School Mass - 8:15 AM

February 16 - 19 - No School - Mid-Winter Break

February 16 - Stations of the Cross - 5:00 PM

February 21 - Jr. High Youth Group (6th-8th Grade) Youth Center - 7:00 PM to 8:00 PM

February 22 - PTA Coffee Talk (MPB) - 8:00 AM to 9:00 AM

February 22 - 5th & 6th Grade Lenten Reconciliation - 1:00 PM

CALENDAR

CATHOLIC IDENTITY

Weekend Mass Schedule:

Confession:

Every Saturday: 3:30-4:30 pm

Parish Bulletin

Vision Statement of Holy Trinity Catholic School

To be a school of excellence that encompasses the whole child by modeling Jesus through our Catholic teachings, commitment to academics, service to the community, and devotion as life-long servants of God.

Early Dismissals for Conference Days

There will be a 1:00pm dismissal on Monday and Tuesday, February 12th and 13th. P-T-S Conferences will be held on those days from 2:00-6:00pm. The deadline for signing up for a conference is February 7th at 8:00am. If you have not done so, please <u>Click here to sign up for P-T-S Conferences</u>.

Mid-Winter Break

There will be no school on Friday, February 16th and Monday, February 19th. We hope everyone enjoys the long weekend.

Formation Focus - February

Fruit of the Holy Spirit Chastity:

This is the virtue in which we exhibit proper sexual expression based on our state in life. For a single person, a member of a religious order, or a priest, it involves total abstinence. For a married person, it involves total fidelity to one's spouse in both thought and action.

St. Agatha

Feast Day: February 5

Patron Saint: Sicily, bellfounders, breast cancer, against fire, and rape victims



Everybody Counts Week!

We are celebrating Everybody Counts Week March 4th-8th. Everybody Counts Week is an interactive and educational awareness program that is designed to allow our students to experience both the feelings and challenges of the diverse groups of people within our community. Every year we host this week with two goals in mind: to educate our students about diversity and foster empathy and world change within our students. We spend the entire week in reflection about the importance of treating anyone and everyone with respect, because, as Christians, we believe EVERYBODY counts.

Each morning, our students watch a video and say a prayer on the subject. We also bring in speakers from the community to talk to our students. Our students are then encouraged to take what they have learned throughout the week into the world to make it a kinder, more accessible, and more just place.

This year, in honor of the 2024 Paralympics, we are learning about adaptive sports. We are very fortunate to have a new adaptive sports league in Louisville through JCPS that allows all kids (even those not attending JCPS schools) to participate in adaptive sports such as wheelchair basketball and seated track and field. The team is called Louisville Lightning, and they provide all equipment, including sports wheelchairs, to each child.

Please consider making a donation to the Louisville Lightning team today by clicking on the link below!

https://www.myschoolbucks.com/ver2/stores/catalog/getproduct.action?productKey=ZZ60PA1RWT308HR&clientKey=ZZHVZSO5PZ05PEM

Thank you for supporting our local Louisville Lightning players!

Kylee Hoelscher Everybody Counts Week Chair



Please note, once sign-ups are closed we will NOT be able to add anyone to these sports. For spring sports, it's a very quick turnaround and we have to turn in team numbers and won't be able to add. So please SIGN UP NOW!!!

All sign ups are on the Game Day site: https://gameday.loucsaa.net

HELP IN THE GYM NEEDED

Holy Trinity will host a few nights of the CSAA Basketball Tournament in the next two weeks. We have 28 teams that will be competing in the tournament and many will play at HT.

In order to host, we need volunteers in the game. Please sign up if you can:

https://www.signupgenius.com/go/20f0b4baea82ba2ff2-holy2#/

SOCCER

Soccer sign-ups are open for grades K through 8 on the Game Day site. The soccer season will begin in early March and run through the end of the school year.

For information contact Lee Weyland (<u>Tlweyland@gmail.com</u>) or Scott Cress (<u>spcress@gmail.com</u>)

TRACK AND FIELD

The track and field season is here. The sign ups are open and the season will begin in early March.

We will run in several meets leading up to the CSAA Track Meet in late April.

For information contact Heidi Johnston (<u>Hllusk2000@yahoo.com</u>) or Natalie Butcher (<u>natalieclairebutcher@gmail.com</u>)

SOFTBALL

The CSAA is looking to host a softball league this spring.

According to the CSAA, they will look to create regional school models much like the football models to form teams per grade level (3rd & 4th, 5th & 6th, 7th & 8th) to ensure league viability. At that time we will look to define host schools, coaches, etc.

Practices can start 3/1. League games start on 4/14. Tournaments to conclude 5/26. Once the school mergers are put together you will be charged a sports fee to play.

If you are interested in softball please sign up (no fee at this time) on the Game Day site.

SWIMMING

Last call for swimming sign ups on the Game Day site (https://gameday.loucsaa.net).

CSAA Championship Meet: Saturday, March 2, 2024 at Mary T Meagher

Practices: Sunday afternoons in February at St. X High School

Parent volunteers are needed - please contact <u>Jenniesyork@gmail.com</u> to volunteer!

Catechesis of the Good Shepherd

Starting this week, on Mondays from 3:00 PM to 4:30 PM we have started offering another session of CGS that will run to the end of the school year. There is still some space! Parents can sign up children in Grades PreK, K and 1st Grade by emailing me at lgenuis@htparish.org.

There is no fee for these after school sessions if you are a Holy Trinity school parent or parishioner. The children in this session beginning at 3:00 p.m. will come directly from the school to the atrium and then be picked up by the parents at 4:30 p.m. at the atrium doors.

Faith Sharing Groups

Holy Trinity parishioners have opened their homes and are hosting small group faith sharing during Lent. You can use the following ways to find a small group that works best for your schedule. Sign up here: https://holytrinitycatholicchu25.flocknote.com/signup/153496 or contact Jacqui Rapp in the parish office and she can assist you with registering! What a beautiful gift of community we can share as we journey through the season of Lent together.



FISH FRY VOLUNTEERS NEEDED

The Holy Trinity Fish Fry will be held Feb. 23, March 1, 8, and 15.

The kitchen will be open from 5:30-8:30 p.m. on all four of those nights.

If you want to volunteer please sign up here: https://www.signupgenius.com/go/20F0B4BAEA82BA2FF2-holy1#/